

1st NEWS LETTER



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ATHROUT

(THE HELPING HAND)

Whosoever saved the life of one, is as if he saved
the life of all mankind (Al-Quran)

1st issue July 2016 / Jan 2017

Six Months Performance Report

As you know ATHROUT (the helping hand) Organization stands for the humanitarian services. Despite being extraordinarily burdened due to turmoil, the organization continued humanitarian activities by providing help to those in desperate need. Being a NGO working in downtown, where strict curfew remained enforced and processions, stone pelting and shelling were the order of the day, the data below spells our work and commitment to the people under such extraordinary circumstances.

(1850) Patients benefitted by the OPD section of our medical centre.

(35) New cases of One Time Medical assistance were provided in favor of extremely poor patients for their surgeries and therapies.

(40) More infant patients were provided nebulizer machines.

(23) More COPD patients were provided oxygen concentrator machines.

(18) More CKD patients were given dialyses assistance.

(11) more bread earners of the downtrodden families were provided livelihood so that they can earn for their families by their own.

(12) More poor girls have been provided marriage help.

(06) New destitute families were adopted for monthly house hold.

(05) More students from destitute back ground have been adopted for educational assistance.

As the month Ramadan ended last year, the situation in the valley turned into a nightmare for the people. They had to face unprecedented hardships and found themselves confined to their homes with all their movements. The bullets and pellets were heard at every nook & corner of the valley, which results in more than 100 killings, thousands were injured and hundreds blinded. You are already aware of the situation as is the rest of the world.



Under such adverse situation, the volunteers of Athrout (the helping hand) risked their lives to save the hundreds of victims who were desperately needing help. When volunteers felt that it was the time to set up a help desk and a medical assistance camp at SMHS hospital and within no time a multidimensional assistance camp was established, serving hundreds round the clock. We as an organization provided free ambulance services, all types of medicines, cash for extremely needy people, packed food, mineral water bottles, juices, clothing, sandals, goggles for pellet victims, refreshment for blood donors and even fumigation was done by our volunteers around hospital vicinity. (Alhamdulillah)



and at last we and other NGO's were pushed out of the hospital for no reason on 03.10.2016 at 10 pm.

During the turmoil, we seriously thought about the daily

wagers, only bread earners of so many families, who used to toil hard to make two ends meet. We unanimously decided to identify these destitute bread earners and to distribute special food kits among them so that their innocent children might not go to bed hungry.



By the grace of Almighty we distributed approximately 430 complete ration kits during turmoil in three different phases.

Additionally, we also lent help to other families rendered destitute in other calamities.

On October 22, 2016, fire broke out at Gillikadal (bagh-e-Ali Mardan khan) where six houses were gutted. We immediately reached there with help and complete kits designed for fire victims comprising financial assistance, bedding, all utensils, food stuff, blankets and hot water bottles were distributed among them.



On November 10, fire broke out in Habbak area several houses were gutted. We distributed similar kits in addition to gas stoves among them.

On Nov 14, 2016, we organized a medical camp at Bemina where a team of doctors examined hundreds of

patients and we provided free medicine among them.



On November 17, fire reduced several houses at Saribala Srinagar and shops to ashes. We immediately reached the spot with assistance. We distributed financial assistance, bedding, all kitchen utensils, food kits, gas stoves, blankets and hot water bottles etc.

On November 22, massive fire broke out in Buchwara Dalgate. The fire was so deadly that so many houses and shops turned into ashes. We were there from the word go to help the victims. As it was the beginning of winter, we immediately provided winter clothing, hot water bottles, warm blankets, beddings, woolen thermals, kitchen utensils and food kits to approximately 70 affected families. The relief events were organized in three different phases.

On Nov 25, 2016, Athrout dedicated three new ambulances for the humanitarian services to benefit the masses in Srinagar. (Alhumdulillah)



On November 28, we organized a free medical camp at Botshah Mohalla Lalbazar sgr. The camp was held in collaboration with a local Bait ul Maal committee (AKAAR BAKAAR). Free consultation and free medicine was provided to the hundreds of patients.

On Dec 1, 2016, Athrout took an unprecedented step of inaugurating RAHAT PHARMACY to benefit the people. The pharmacy provides medicine on "NO PROFIT NO LOSS" basis. This step was highly appreciated by the society.



On Dec 8, 2016, fire engulfed two houses at Lalbazar. We provided immediate relief including financial assistance, bedding, all kitchen utensils, food kits, blankets, and hot water bottles etc.

On Jan 1, 2017, we distributed winter special kits among 40 extremely poor and destitute families. The beneficiaries were given traditional Kangries, Oshin woolen thermals, three different warm blankets, woolen socks, woolen caps, sweaters, Jackets, Pherans, rechargeable lights and charcoal etc.



On 30th Jan 2017, our organization dedicated patient trolley and wheelchairs to Shireenbagh super specialty hospital SMHS. As witnessed the desperate need of the said items a member of our organization provided the same so that no patient can suffer. He donated it as "Sadqa-e-jaariyah".



Free Dialysis Services

There are number of families in our society who find it extremely difficult to sustain themselves because of acute poverty. These extremely poor families hardly earn their livelihood to keep themselves alive. It is no surprise therefore that this segment of people accounts for more than 80% of population who suffer from fatal diseases. Athrout (the helping hand) organization, which is there at ground zero for the last ten years, has a comprehensive experience and study by being at forefront in providing people free Medicare as well, can say without fear of contradiction that people mostly became victim of cancer and renal failures because of poverty, substandard food and also because of self-medication. Renal (kidney) failures and cancer has become public health emergency. Every second person you meet will tell you the tragic tale of his near and dear-one having become victim of these terrible diseases.

The poor people who already finding it difficult to earn daily livelihood can't fight these fatal diseases which have become quite common nowadays. Destitute and

poor people when they become victims of such diseases turn negative and most of them lose hope in their Creator as they already feel victimized by the misfortune life they live.

Athrout (Alhamdulillah) has decided that there should be a dialysis facility available with it where poor people can be provided dialysis services free of cost. In this very concern your help is urgently needed in order to put this facility in place with the organization.



APPEAL FOR OXYGEN CONCENTRATOR

There are so many downtrodden families

who have to meet both ends for themselves by working hard and toiling a lot. They are so misfortune as they have to buy Air (Oxygen) "free to everyone" they breath. As we provide Oxygen concentrator machines to these families. We appeal to all well wishers of humanity to come forward and donate these machines according to their capacity.

AL-NISA women's Empowerment Centre

The said centre was scheduled to start on 8th of Aug 2016 as all arrangements were absolutely done but due to unfamiliar circumstances the said centre is yet to be started. Now we intend to start it soon Insha Allah. The centre will serve as a learning technical art to destitute girls belonging to those families where no male bread earner exist or those families where male is unable to earn for his family because of poor health issues.

